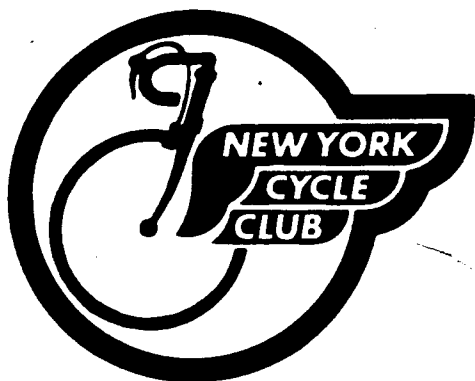


September
1984



IN ITS 48TH YEAR...

P.O. Box 877, Brooklyn, NY 11202

SEPTEMBER, 1984

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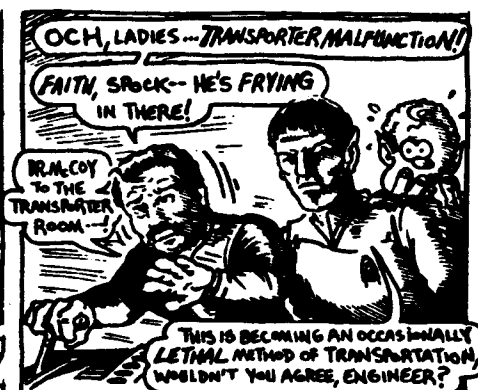
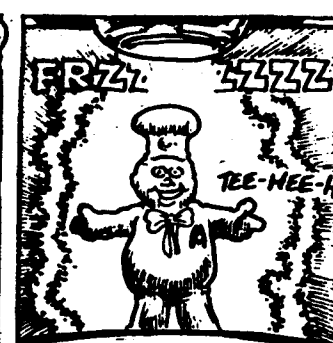
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TRUFAN ADVENTURES

by Ward O. Batty & Charlie Williams



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Ride Listings -- compiled by Sara Flowers, V.P. Rides

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

RIDE CLASSIFICATION

		<u>Riding Pace</u>
"A+": ANIMAL	Anything goes. Eats up roads, hills and all.	17+ mph
"A": SPORTS(WO)MAN	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stops every two hours or so.	14-17 mph
"B": TOURIST	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
"C": SIGHTSEER	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stops every half to one hour.	8-11 mph
"D": BEGINNER	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	to 8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. (Names and telephone numbers of Ride Coordinators are listed elsewhere in the bulletin.)

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

- Fri-Mon
Aug 31-
Sept 4
B+
250 mi.
- SHELTER ISLAND Leaders: Martha Ramos (858-9142). Celebrate Labor Day by making your way out to Shelter Island. Take the opportunity to do a twin century the easy and scenic ways. Departure is early Friday morning for those cycling out. Don't want to do this type of ride? Then take the bus service or the LIRR (if you have a permit). Participants are responsible for both themselves and making their own reservations for accommodations. Call ride leader for additional details.
- Sat-Tue
Sept 1-4
A+
780 mi.
12:01 A.M.
- NEW YORK - MONTREAL - NEW YORK 90 HOURS Leader: "Iron Leg" Jim Rex (278-5562). Meet at 59th St. & 5th Ave., Friday, 11:50 P.M. to ride 00:01 A.M., Sat Midnite. To compliment Steve Bauman's AYH sponsored current effort along similar lines; a small advanced "task force" composed of a few Paris - Brest - Paris accomplished riders in pursuit of excellence will lend their talent to Jim's five year old ambitious "cause" toward developing a recognizably established North American International Rondenaur 1200 KM qualifying "Brevet" bicycling event. Hopefully, by our Club's 50th Golden Anniversary year of 1986 we should see most of the remaining logistical wrinkles ironed out to make it a reality that can only be approached by pioneering effort such as this one, and such as may follow later. Call Jim for details and further info.
- Sat Sept 1
A
75 mi.
8:00 A.M.
- BUCHANAN OR BUST SCOUTING Leader: Lee Gelobter (646-7037). Repeat of a two time rainout! Meet at the Central Park Boathouse for a ride up 9A to Buchanan and then scouting roads yet uncharted to the East. Be prepared for mileage more than advertised as this is a scouting ride. Call Lee for details.
- Sat or Sun
Sept 2 or 3
?A
?mi. ?AM
- LABOR DAY DIAL A RIDE Leader: Ed Schweber (567-2661). Ed can not guarantee a ride this weekend; but if there is nothing else, give him a call and we'll see if we can't arrange something to Westchester or New Jersey.
- Sun Sept 2
B
75/55 mi.
8:30 AM
- NORTHPORT Leader: Sara Flowers (921-4317D or 544-9168E). Meet at the Statue on Queens Blvd (E or F train to Union Turnpike). Alternate pick ups at I.U. Willets Parking Lot (if you have a car) or Syosset (if you come by LIRR). Please call leader if you plan to meet at alternate. Ride is along shady lanes, over hills, and past inlets of the North Shore. Excessive heat or humidity will cause route to be shortened or altered. Rain date is Mon Sept 3.
- Sun Sept 2
C
30 mi.
9:30 AM
- ROSLYN FINE ARTS CENTER Leader: Jane Rothenberg (846-8120). Take E train to Van Wyck Station. We'll be gathering in front of the bank. This will be an all day outing to the Roslyn Music & Theatre Festival. This is an opera, Country-blue grass potpourri. We'll be leaving Roslyn at dusk so lights are necessary. Rain cancels.

Fri-Sun MYSTIC CONNECTICUT WEEKEND - Leaders: Ros Goldstein and Flora Camhi/AMC (Roz: 242-4130 and Flora: 201-869-0755). The cost is \$60 for two nights at the attractive Days Inn, not including meals. Send Sept. 7-8 stamped, self-addressed envelope, transportation situation and your \$60 to the Registrar: Flora Camhi, 9060 Palisades Ave., North Bergen, N.J. 07047. This ride is limited to 20 riders.
30-35mi/day

Sat Sept 8 SILVER LAKE PARK Leader: Reggie Life (244-6714). Meet at 8:00 AM at the Central Park Boathouse A; 75 mi. for a ride to Silver Lake Park in White Plains. Call Reggie for details.
8:00 AM

Sat Sept 8 JOCKEY HOLLOW Leader: Roy Lawrence (TR 7-2292). Meet at the Central Park Boathouse at 8:00 AM B+ or the 9AM PATH train to Newark from the World Trade Center for a brisk ride into the hills of 65 mi. Morris County. The destination is the Morristown National Historic Park at Jockey Hollow, 8:00 AM via some scenic countryside. Bring lunch (strongly suggested) or money for it and means to carry it, as the nearest food to the park is several miles away. Also necessary is \$1.50, preferably in quarters, for PATH. Rain cancels.

Sat Sept 8 YORKTOWN GRANGE FAIR Leader: Marsha Taggart (914-962-5991 after 6PM). Meet at the last stop of B the #4 train. Join Marsha for a scenic ride thru Westchester to Yorktown for the annual Grange 70 mi. Fair. Admission is \$2.50. Come spend some time at the fair: chance to sample homemade food, view 9:00 AM crafts, buy fruits and vegetables, and see an exhibit of small farm animals. Rain cancels.

Sat Sept 8 CAUGHT BETWEEN THE MOON AND NEW YORK CITY Leaders: Gregory D'Agostino and Lenny LePinto ? (272-4271/998-1372). We'll be meeting at the Pulitzer Fountain in front of the Plaza Hotel for an all night Phantom Ride. Our plan is to dreidel (wander) around in and through Queens, Nassau ? mi. County or who knows where? You will be back in Manhattan for a sunrise breakfast. Lights are a must. midnight

Sun Sept 9 SEPT LAW CENTURY PATCH Leader: David Miller (794-9365). Meet at the Central Park Boathouse for B+ an easy Century ride with a few steep hills. If we complete the ride in 12 hours we will earn a 100 mi. LAW Sanctioned Century Patch (cost \$1.50). Please bring your lunch, snacks, 2 water bottles, 8:00 AM spare tube or sew ups and low gears. Rain cancels.

Sat Sept 15 THE GREAT SWAMP AND LOANTAKA PARK Leader: Marty Wolf (935-1460). Meet at Manhattan side of Staten A- Island Ferry -- ferry leaves at 8:30 AM. We'll ride thru Staten Island to Elizabeth and into 85 mi. Morris County, the Great Swamp, north to Loantaka Park bike path. Leader has done ride once and may 8:25 AM not have a chance to actively scout it -- so we may have to do a small amount of backtracking.

Sat Sept 15 NYACK Leader: Martha Ramos (858-9142). Meet at the George Washington Bridge Terminal. Take B the A Train to 175th Street in Manhattan. This is a scenic route with 2 steep hills. Rest of the 45 mi. ride is rolling. Rain cancels.
10:00 AM

Sun Sept 16 PUTNAM PELOTAN Leader: Rich Herbin (666-2162). Meet at the Central Park Boathouse for a ride to Keit A Cliffs and Carmel near the Northern boundary of Putnam County. Route has been planned to minimize 110 mi. traffic and maximize rustic scenery and panoramic reservoir views. There will be a diner stop about 7:45 AM 30 miles out and 2-3 deli stops as needed. Rain cancels. Trip will be shortened to 60 miles if heat and humidity threaten to become unbearable.

Sun Sept 16 HIGH POINT HUNDRED PLUS (OR MINUS) Leaders: Roy Lawrence/Sara Flowers (TR7-2292/544-9168). Meet B+/B/B- at 179th Street and Hillside Ave. (last Queens stop E or F train) and ride out to the starting point 125/75/25mi of the High Point Hundred. Send entry fee in advance. An easy, flat ride to the starting point of 6:30 AM a hilly century, then return to the subway. If not in shape for a century, there is a half century and a quarter century. Maps will be provided to the starting point, where the rest of the route is well marked. Bring entry fee if not paid in advance, and lunch or snacks. To complete 100 miles at a B+ pace, food stops will be very brief. Rain cancels.

Sun Sept 16 ROCKLAND RAMBLE Leader: Roseann Korsa (549-2034). Join us at 8:45 at 59th St. and 5th Ave. near the C Pulitzer Fountain (or at the George Washington Bridge in time for the 10:00 shuttle) for this classic 50 mi. ride to Tallman Mountain State Park. Bring lunch or money for it. We'll eat at the scenic picnic spot 8:45 AM overlooking the Hudson River near the Tappan Zee Bridge. Our return will be through the pretty streets of Bergen and Rockland Counties. Do the one toughie hill at your own pace.

Sun Sept 16 GOLDEN APPLE CENTURY Leaders: Country Cycle Club. Meet at PepsiCo Corporate Headquarters in Purchase, A/B/C New York for a century or double metric (starting 7 to 8 AM) or half or quarter century (starting 123/100/ 8 to 9 AM). The \$6.00 fee includes maps, cue sheets, sag wagon, refreshments, manned food stop, 50/25 mi. and special patch. Routes go through rolling back country roads, past lakes and reservoirs in West- 7-9:00 AM chester, Putnam and Dutchess Counties. Call Sara Flowers (544-9168E or 921-4317D) for more details on rides or how to get to starting point. Rain date Sept 23.

- Sat Sept 22 **ROCK OUT** Leader: Josh Kuller (674-0955). We'll assemble for the 8:00 AM George Washington Bridge Shuttle, travel west and then north in order to rock Rockland County with our rapid pace line and impeccable style. Lunch in Thiells. Maps will be available.
A
90 mi.
7:50 AM
- Sat Sept 22 **COME TO FERRYLAND** Leaders: Jody Saylor (799-8293) and Arlene Brimer (362-2631) and Larry Rutkowski (304-0485). Join Jody, Arlene, and Larry for a hilly, windy morning and fast, flat return on Staten Island. Climb up to a view of Ernest Flagg's Mansion. Catch your breath gazing at the Crimson Beach House built by Frank Lloyd Wright. Pass through Richmondtown Restoration, then off to lunch at Conference House Park. Return along the Southern beaches. Rain cancels.
B+
70 mi.
8:00 AM
- Sat Sept 22 **STATEN ISLAND** Leaders: David & Valerie Walls (570-0572). Meet at the Staten Island Ferry for a scenic relaxing start. The route on the island will visit historic sites and be relatively flat. Our children will be setting the pace (ages 8,10,12). Overall distance will depend on group will and energy.
C
30 mi.
9:00 AM
- Sat Sept 22 **PRESIDENTIAL TOUR OF THE SOUTH BRONX** Leader: Fred Seiden (982-9554). In 1977, President Jimmy Carter took his tour through the South Bronx and made that urban area world famous. I have taken the same presidential tour, acting as guide for friends from Europe by car, bus, and bicycle. The tour is best and most informative by bicycle, and is invaluable for those interested in urban development. Meet at the tourist entrance to the United Nations at U.N. Plaza (First Avenue) and 46th St. Call Fred Thursday evenings (Sept 20) if you plan to join him on Saturday morning. Rain cancels.
C
30 mi.
10:00 AM
- Sun Sept 23 **NEW CANAAN, CT.** Leader: Steve Sklar (245-3245h 530-1773w). Meet at Central Park Boathouse for a scenic hilly ride (with the name ridge in every other street name, I can't hide that fact) through the Southwestern tip of Connecticut.
A
100 mi.
7:30 AM
- Sun Sept 23 **BELMONT LAKE** Leader: David Moses (444-5681). Meet at Queens Blvd. & Union Turnpike (Statue of Civic Virtue) for a ride to Belmont Lake State Park in Suffolk County. The ride crosses the Huntington Hills after passing Syosset. Deli stop near the park.
A-
80 mi.
8:30 AM
- Sun Sept 23 **SANDS POINT MEANDER** Leader: Chuck Albert (786-2779). Meet at the Statue of Civic Virtue on Queens Blvd. (E or F train to Union Turnpike). Join leader for a brisk jaunt out to Long Island. Rain cancels.
B+
55-60 mi.
9:00 AM
- Sun Sept 23 **ICE CREAM & GERALDINE** Leader: Doug Chandler (737-6611h or 752-0600X263w). Meet at the Tramway Plaza (2nd Ave. & 59th St.). Bike through scenic Queens with its diverse neighborhoods to Forest Park and a touch of the country. For enthusiasts, there is even a model airplane field. We'll visit Queens' best Italian pastry shops as well as the World Famous Lemon Ice King of Corona, and the Queen of Forest Hills, Geraldine Ferraro. Bring a hearty appetite as the ride has 3 stops for lunching & munching. Rain cancels.
C
35 mi.
10:00 AM
- Sept 28-30 **11th ANNUAL SCOR '84 Rides** for the whole family (6-100 miles) with beautiful Catskill Mountain scenery at Tennenah Lake Shore Lodge in Roscoe, New York. Maps, cue sheets, marked routes. Entertainment. Indoor pool, sauna, whirlpool. A small, congenial, fun rally. \$90 per person, double occupancy includes 2 nights lodging, 6 meals, registration. Children 12 and under \$40 if sharing room with parents. Mail your name, address, and telephone number with check payable to Tennenah Lake Shore Lodge, Roscoe, N.Y. 12776. Call Sara Flowers (544-9168D or 921-4317E) for more details.
Fri-Sun
A/B/C
- Sept 29-30 **MONTAUK ROUND TRIP** Leader: Alex Bekkerman (438-4746). Ride will start at Central Park Boathouse. We will follow AYH's route. The leader would like to make it a one day affair with stops for food as are required. However, if riders feel that we should stay overnight and ride back on Sunday, the ride will be modified. For this ride front and back lights are required. Call Alex for details.
Sat-Sun
A+
250 mi.
6:00 AM
- Sat Sept 29 **MUSCOOT PARK** Leader: Marc Freedman (499-3440). Meet at the last stop of the #4 train. Ride is into Westchester to the Muscoot Park demonstration farm. Bring a means to carry your lunch as the nearest deli is a few miles from the park. Rain cancels.
B+
70 mi.
9:00 AM
- Sun Sept 30 **ANNUAL BILL BAUMGARTEN MEMORIAL ALL CLASS CLUB RIDE**
Choose your own level and ride to one of the Club's most beautiful destinations -- Kingsland Point Park. We will lunch at 1:00 PM, meet and greet each other, then return with at least a group spirit.

A+ Leader: Chris Mailing (965-0894). Meet at the Central Park Boathouse for a ride to Mamaroneck, Chappaqua, the Croton Reservoir and Croton Dam. Return via Ossining to Kingsland Point by 1:00 PM. Breakfast stop in White Plains. Ride will be ridden in a pace line formation. Maps will be available. Rain cancels.

A 75 mi.
8:00 AM Leader: Josh Keller (674-0955). Meet at the Boathouse in Central Park and ride across Southern Westchester to the Club outing. The group will maintain a pace line where possible. Maps will be available.

B+ 55-60 mi.
8:00 AM Leader: Chuck Albert (786-2779). Meet at the Central Park Boathouse. This is a ride into Westchester & includes a number of hills. Lunch in Kingsland Point Park. Rain cancels.

B 50-60 mi.
9:00 AM Leader: David Miller (794-9365). Meet at the Central Park Boathouse. This ride is into Westchester. Be prepared for a number of hills. Lunch is at Kingsland Point Park. Rain cancels.

C 30 mi.
10:30 AM Leader: Diana Maeurer (989-6775). Meet at the northernmost end of the IRT #1 line (Broadway & 242nd St. in the Bronx) for a pleasant ride up the eastern bank of the Hudson River to Kingsland Point Park. Bring or buy lunch.

1984 RIDE PREVIEWS				
Date	Ride	Leader	Class	Distance
10/6	Washington	AYH		
10/6-10/8	Columbus Discovers Philadelphia Weekend	Bell&Ramos	B+	200+mi.
10/7	Fall Classic Rally	AYH		
10/13	Ancient Mariner	AYH		
10/14	Bedford Revisited	Vickers	A	90-95 mi.
10/21	Ridgefield Fall Foliage Century	Mailing	A	120 mi.
10/21	Fall Foliage Tour: Croton Aqueduct, Pocantico	Clarke	B-	60-60 mi.
10/28	Ye Merrie Leaves of Glen Cove	Vickers	A	60-85 mi.
11/6	Bankers, Bureaucrats, and Freeloaders Ride	Mailing	A	75 mi.
11/18	Latvia's Independence Day Ride	Vickers	A	60-85 mi.

ATTENTION! MORE BRIDGE -- Goethals Bridge Walkway is closed Mon. thru Fri. 8 AM thru 4:00 PM. Open at all other times.

THE CHEETAH TALKS

Nelson Vails, Olympic Cycling Silver Medalist, will be interviewed on the Bill Daughtry Sports Programme, on Sunday, September 2nd, 5-7 pm, WMCA AM Radio.



CYCLING SHORTS --- Gregory D'Agostino

Tony Nappi back from a business trip to Seattle, Washington, brings word of the "Bike Bus." Since September 1983 the environment/energy-conscious citizens have been enjoying a Bike & Ride bus service between Downtown Seattle, its surrounding communities and local bike trails, by providing bike racks on a third of the buses. The price for this convenience is regular fare --- there is no charge for the bike, nor special permits or schedule requirements. And you thought the Long Island Railroad and Metro-North were doing you some kind of favour.

In July, Laurent Fignon won the 2,500-mile Tour de France for the second successive year. The current World Cycling Champion Greg Lemond of the United States finished third, 11 minutes 46 seconds behind Fignon and just 1 minute 14 seconds behind the second-place finisher Bernard Hinault, a four-time winner of the 23-day ritual. First and third-place honours for the first women's Tour de France were taken by the Americans Marianne Martin & Deborah Schwmay.

CORNY JOKE: Do you know Isabella?
Isabella who?
Isabella necessary on a bicycle.

Former Pan-American cycling champion turned marathon athlete John Howard has challenged competitors on recumbent cycles by putting \$5000 on the line if one of those unusual contraptions beats him.

Not long ago Britain offered to donate 10 Land Rover vehicles to Uganda's police forces. The Ugandan authorities said they would rather have 1000 bicycles. The British obliged.

Did you see the photo in the July issue of LIFE Magazine of the twenty-seven-year old Swiss daredevil Raemond Gimmi making his boyhood dream come true by riding his bike out of the hatch of a plane three miles over South Africa. After 70 seconds, he opened the bike's parachute, then his own, and they floated separately and safely to terra firma.



*There was a young sportsman named Peel
Who went for a trip on his wheel;
He pedalled for days
Through crepuscular haze,
And returned feeling somewhat unreal.*

--- Edward Gorey



CYCLING SHORTS --- Gregory D'Agostino

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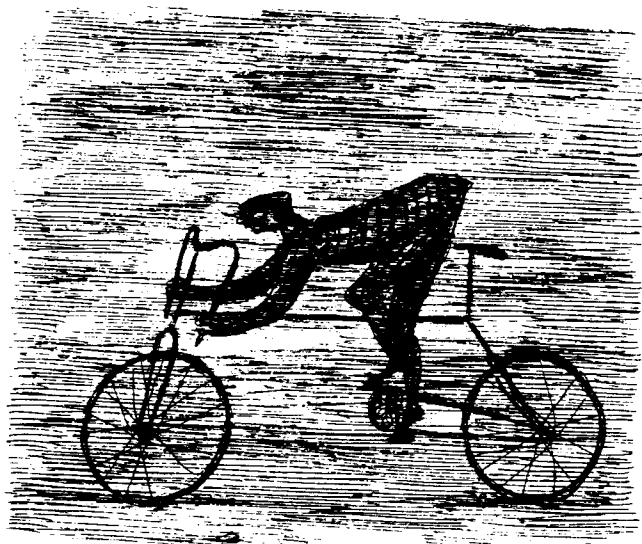
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Club Meeting Program -- arranged by Carole Chavanne, V.P. Programs

* HOW TO GET STARTED AS A RACING CYCLIST *

You say that Chris Mailing's tips on pack riding have made you a super-tourist?
You say you want to know where your next challenge lies (or rolls, as the case may be)?

Well, our September program will feature Chris Mailing, NYCC President, telling us how to develop the skills, attitudes, and psyche required to become a racing cyclist.

So, come join us for an evening of information and enjoyment!

DATE: Tuesday, September 11

TIME: 6 P.M. for beer, wine, cocktails, soda, or just plain socializing.
7 P.M. for dinner. IF YOU WANT DINNER, YOU MUST PURCHASE IT BY 7 P.M., PLEASE!

PLACE: The Ukrainian Restaurant
140 Second Avenue (the east side, between 8th and 9th Streets)
New York City

SOME SUBWAY DIRECTIONS:

#6 to Astor Place, then walk across 8th Street to Second Avenue.
Any Independent subway to West 4th Street (Sixth Avenue) (north end of station), then walk across 8th Street.

BICYCLE PARKING: Available in the restaurant, but you must lock your bike.

PRIX FIXE FOR FAMILY-STYLE DINNER, INCLUDING TAX AND TIP: \$8.00.

An NYCC member will collect \$8.00 from each person entering the meeting room, and give each person a ticket. Exceptions are those who are not eating; they will be seated apart from the diners so they will not be included in the count. The restaurant is paid per diner, so the Club must pick up the tab for any dinners not paid for.

If anybody is wondering why our cover has a non bicycling related cartoon on it don't blame Irene. She is off on a well deserved vacation and I offered to do the paper for this month. I came across this cartoon in the August 24 issue of the Comic Buyers Guide and I just had an overwhelming urge to use it for the cover. Anybody who is a Trekker out there should get a kick out of it.

Philip M. Botwinick

FIVE HOURS IN THE SUN

Right, left, right, left, right...

Afternoon sun beating down on the four-lane width of blacktop lined with screaming humanity. Network chopper putters overhead. Press car growls alongside, reporters hanging out of all its windows. The star-spangled jersey is soaked with sweat and water thrown by delirious well-wishers. Stuff is skin-deep, though: half way up this ungodly 12.8% grade the heart is pounding against the hard, sharp thorns in the throat.

This is the Olympic Road Race breakaway - a slender figure wrenching the seemingly seizing crankarms towards the crest, still far, far away, and the finish line eight miles beyond.

Right, left, right...

There was once team strategy, but the coach's final words were: attack at your own risk. He took it, though the pack would not chase, and now he had the lead with batteries running down and eight miles of hot headwind to go. Just make it to the top...

Right...

Like a swell of air among the treetops, the rumor in the crowd caught up and passed ahead with a blur of another two-wheeled form. Oh, dear Lord! That wheel...Years of hard training... HOLD ON TO THAT WHEEL!

Panting in the slipstream, grimacing with every chest pang, head sunk low between stooped shoulders, salt caking under the rim of the helmet, but holding on like a leech. Too far gone to drop now. Five miles, four... three... Empty all pockets, away with water bottle, take a deep, very deep breath of air... Just seconds short of five hours in the sun, around the last curve, with the distance in meters, not miles, it is all coming down to a contest of nerve.

No second chances now.

Slurping air into near useless lungs, head-on into the buffeting gust. Losing feeling in the legs, punching and slamming around and around. Clean daylight in peripheral vision and a broad white line dead ahead...

.....

All over the world the newsscreens flashed an image of the racer's upcurved star-spangled torso and gloved hands dug into the sky, in triumph.

Maxim Vickers

IRONLEG CHRONICLES

Years ago Prof. Peter Schickele, among his many substitutions, assigned a tuba part of P.D.Q. Bach to be played on an upright bicycle handlebar. So the recent WNYC bicycle pump musical recital may just be following precedent efforts - as Gregory D'Agostino mentioned it.

Other recent NYC avant garde musical developments incorporate trained dogs on cue, howling and barking to a pious composition, substituting a choir.

Humming along on my latest 600 KM "Brevet" ride at the Syracuse Finger Lake rural region, I had ample opportunity trying to classify the barks of various dogs comparable to soprano, tenor, baritone, etc. They also exhibit different personalities. To my surprise a German Sheppard struck me as an "alto", while another named Duke came across (the road) as overbearing. Had to put him in his place with a reminder that even if I don't sing, I'm Rex, outranking him with more than a recognizable name even among top dogs.

Jim Rex

11th ANNUAL
SCOR '84

WHEN: Friday thru Sunday, Sept. 28-30

WHERE: Tennanah Lake Shore Lodge, Roscoe, NY

WHAT: Rides for the whole family (6-100 mi.)
Beautiful Catskill Mountains scenery
Maps, cue sheets, marked routes
Entertainment
Indoor pool, sauna, whirlpool
A small, congenial, FUN rally

COST: \$90 per person double occupancy. In-
cludes 2 nights lodging, 6 meals, re-
gistration. Children 12 & under \$40
if sharing room with parents.



SCOR 84 REGISTRATION FORM

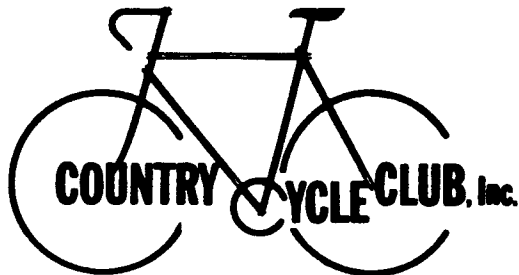
Name _____

Address _____

City, State, ZIP _____

No. children under 12 _____ Total amount enclosed _____

Mail, with check payable to, TENNANAH LAKE SHORE LODGE, ROSCOE, N.Y. 12776. Any questions--
send self-addressed stamped envelope to Tennanah Lake Shore Lodge.



WESTCHESTER COUNTY, NEW YORK
GOLDEN APPLE CENTURY

WHEN: September 16, 1984 (rain date Sept. 23, 1984)

WHERE: Pepsico Corporate headquarters, Purchase New York.

TIME: 7am to 8am century and double metric. 8am to 9am half and quarter century.

FEE: \$6.00. includes maps cue sheets marked route, sag wagon, refreshments, manned food stop, and special commemorative patch.

REGISTRATION

NAME _____ AGE _____
(please print)
STREET _____ PHONE() _____
CITY _____ STATE _____ ZIP _____

Riders under age 15 must go accompanied by a cycling parent designated responsible adult. PARENT must sign the release below.

RIDE(check one) QUARTER _____ HALF _____ FULL _____ DOUBLE _____
(25 mi) (50 mi) (100 mi) (123 mi)

CLUB AFFILIATION(if any) _____

RELEASE OF ORGANIZERS AND SPONSORS: In signing this release, I acknowledge that I understand the intent hereof, and hereby agree to and hold harmless the Country Cycle Club, Inc., its officers, members, and any others connected with this event in any way whatsoever, singly and collectively, from and against blame or liability for any injury, misadventure, harm, loss, inconvenience, or damage suffered or sustained as a result of participation in this event or in any activities associated therewith.

I understand that the Country Cycle Club, Inc., its officers, members, and any others connected with this event in any way whatsoever are not responsible for, and are not insurers of, my personal safety during this event. I thus release them, and agree to save them harmless, from my having sustained any property damage or personal injury by reason of their negligence in participating in or sponsoring or planning or arranging this event.

SIGNATURE _____ DATE _____
(parent must sign for participant under age 18)

Name of responsible adult (riders under 15) _____



League of American Wheelmen

AUGUST 1984 **Board of Directors Meeting** MINUTES SUMMARY

by Alinda Barth, Secretary

1. Doug Blackburn sent a letter to Mayor Koch stating that the Club supports bicycle law enforcement and safety education.
2. The rise of printing costs of the bulletin was discussed.
3. It was announced that the Goethal's Bridge is closed to cyclists Monday through Friday between 8 am and 4 pm. The bridge is open at all other times.
4. Reactions to the new Restaurant were discussed.
5. The Board decided that each candidate in a contested race for office in the NYCC be allowed to publish a statement of not more than 150 words in the November bulletin.
6. The next meeting will be on September 4, 1984.

ELECTION OF 1985 OFFICERS BEGINS IN SEPTEMBER -- Chris Mailing

The process of establishing the 1985 Board of Directors begins at the September Club Meeting, and will proceed as follows:

- | | |
|-----------------|--|
| September 11 | September Club Meeting: Nominations. |
| October 9 | October Club Meeting: Additional nominations. |
| End of October | November Bulletin will contain the election ballot, and a short statement by each candidate in a contested race. |
| November 13 | November Club Meeting: All ballots are validated, opened, and counted; results are announced. |
| End of November | December Bulletin will contain the results of the balloting. |
| December 11 | December Club Meeting: 1985 Board is installed. |

Now is the time to consider who you want to see in each NYCC office -- or whether you might want to get involved. (Don't be shy -- tip off a friend who'll nominate you, or talk to any of the current Board members.)

And when you're trying to decide who to cast your vote for, remember this: "Real men don't shift down." (Or women -- Editor's Note)

The Bones Of An Organization -- submitted by Irene Walter

The body of almost every organization has four kinds of bones:

- Wishbones - those who wish someone else would do the work,
- Jawbones - those who just talk,
- Knucklebones - those who knock everything others do,
- Backbones - those who do all the work.

Christopher Melling
80 Garfield Pl #1F
Brooklyn, NY 11215

First Class

David C. Miller
410 East 75th St.
Apartment 1-C
New York 10021



APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, its officers and ride leaders blameless in case of accident.

NAME(S) _____ PHONE H. _____

B. _____

ADDRESS _____ APT. _____

CITY _____ STATE _____ ZIP _____

DATE _____ AMT. OF CHECK _____ NEW _____ RENEWAL _____

WHERE DID YOU HEAR OF N.Y.C.C.? _____

OTHER CYCLING CLUB MEMBERSHIPS: (CIRCLE) AMC AYH LAW TA CRCA CCC
OTHER: _____

1984 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving only one newsletter. Mail this application, with a check made payable to the "New York Cycle Club," to:

Amy Weinstock, Membership Director
The New York Cycle Club, Inc.
1257 59th Street
Brooklyn, N.Y. 11219